



SOUTHERN VIRGINIA UNIVERSITY
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Healthy Campus Plan: Pre-arrival Self-quarantine & Testing Requirements

Happy New Year Knights,

As we approach the start of the 2021 Spring Semester on Wednesday, Jan. 20, we are asking all students—both new and returning—to comply with the following two pre-arrival requests:

Pre-arrival Self-quarantine: We strongly encourage students to self-quarantine for at least one week prior to traveling on campus. During your self-quarantine period, please follow the below guidelines and safety measures:

- Follow the Four Pillars (masking, distancing, sanitizing, reporting symptoms)
- Limit your social interactions to your small circle of close contacts
- Reduce time spent in crowded or public spaces
- Avoid any super-spreader events at all costs

Pre-arrival Testing: Students are required to test negative for COVID-19 before participating in University-sponsored activities, including in-person classes and extracurriculars (athletics, performing arts, etc.). Students have two options for satisfying this testing requirement:

1) Best & Preferred Option: Secure a Negative Test Prior to Arriving On-Campus

We strongly encourage students to use their local health resources to be tested for COVID-19. Students should bring documentation of their negative test administered within five days of arriving on campus (for housing check-in, team meetings, practices, etc.). Many local pharmacies and health resources are able to administer affordable or free rapid tests. In cases where test results are delivered via phone, students may sign an affidavit confirming the date and negative result of their individual test. By providing documentation of negative test results, students will be eligible to attend in-person classes and other University-sponsored activities.

2) Alternative Option: On-campus Testing (with Limited Supplies)

For students who are unable to obtain a test before returning to campus, a limited number of tests will be available through our University's Covid Resource Center. Please note that while we are working daily with our test supplier, as of yet, they have not been able to guarantee delivery of our rapid tests prior to the start of the semester. Since on-campus testing supplies will be limited until our supplier can deliver (likely within the first week or two of classes), we strongly encourage all students to do everything in their power to obtain a negative test result prior to arriving on campus. Doing so will ensure your ability to participate in University-sponsored activities, such as in-person classes and practices, upon your arrival.

Please take these pre-arrival precautions and requirements seriously. These measures will help continue to protect our campus community and surrounding area by minimizing the chance that anyone could unknowingly carry the virus to campus. Let's continue to make Southern Virginia University a safe refuge from the storm and the happiest, healthiest, safest campus anywhere.

Be safe and think of others. We want you to arrive to campus happy and healthy so we can all get to work and participate in the activities that we love.

Go Knights!!!

Office of the President
Southern Virginia University