# Psychology

**Name:** ______________________________________  
**Advisor:** ______________________________________

## Core Requirements (55 credit hours)

<table>
<thead>
<tr>
<th>Semester</th>
<th>Requirement</th>
<th>Course Options</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>FR Year</td>
<td>Leader-Servant</td>
<td>SER 103</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Fresh. Writing</td>
<td>ENG 120</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Philosophy</td>
<td>LIB 110</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Am. Republic</td>
<td>LIB 120</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Literature</td>
<td>LIB 130</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Information</td>
<td>LIB 203</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Literacy</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Civilization I</td>
<td>ART 210, HIS 210, HUM 210, MUS 210 or POL 210</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Civilization II</td>
<td>ART 215, HIS 215, HUM 215, POL 215 or THE 215</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>1st Year For.Lang 1</td>
<td>FRE 101, GER 101, GRK 101, LAT 101, SPN 101 or equivalency exam</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>1st Year For.Lang 2</td>
<td>FRE 102, GER 102, GRK 102, LAT 102, SPN 102 or equivalency exam</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Mathematics</td>
<td>MAT 114, 115, 206, 221, 241, 242, CSC 213, or PHI 223</td>
<td>3-4</td>
</tr>
<tr>
<td></td>
<td>Life Science</td>
<td>BIO 114, 126, 128, or 201</td>
<td>3-4</td>
</tr>
<tr>
<td></td>
<td>Physical Science</td>
<td>CHE 114, 201, PHY 114, 126, or 201</td>
<td>3-4</td>
</tr>
</tbody>
</table>

One of the above life or physical science courses must have a **LAB** component.

- **Health & Wellness**
  - PER 143
  - 2

- **Phys. Activity 1**
  - A Phys. Activity course from PER 100-199 or, 231, 232, or 259R.  
  - PER 203 does not count as an activity course  
  - 0.5-1

- **Sophomore Writing Assessment**
  - 0

- **Social Sciences**
  - ECN 210, 215, EDU 250, FCD 210, 250, POL 223, 233, or PSY 201
  - 3

- **Fine Arts**
  - 3

- **2nd Yr. For.Lang.**
  - FRE 201, GER 201, GRK 201, LAT 201, SPN 201 or competency exam
  - 4

- **Phys. Activity 2**
  - A Phys. Activity course from PER 100-199 or, 231, 232, or 259R.  
  - PER 203 does not count as an activity course  
  - 0.5-1

- **Phys. Activity 3**
  - A Phys. Activity course from PER 100-199 or, 231, 232, or 259R.  
  - PER 203 does not count as an activity course  
  - 0.5-1

- **Senior Seminar**
  - LIB 490
  - 2

- **Adv. Writing**  
  - Paper Title:  
  - 0

## Major Requirements (36 credit hours)

### Major Core (15 hours)

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>PSY 201 General Psychology</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>PSY 230 Developmental Psychology</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>PSY 290 Research Methods</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>PSY 345 Abnormal Psychology</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>PSY 498 Senior Thesis</td>
<td>3</td>
</tr>
</tbody>
</table>

### Major Electives (21)

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Other Courses Toward Graduation (Required: 120 credit hours)

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---
BACHELOR OF ARTS
GRADUATION REQUIREMENTS

THE STUDENT MUST DO THE FOLLOWING TO RECEIVE A BACHELOR OF ARTS DEGREE:

1. Complete a minimum of 120 credit hours of study, at least 60 of which or at least the last 30 credits before graduation are at Southern Virginia. No more than 9 credit hours will be granted for internship courses.
2. Complete all requirements of the Southern Virginia Core.
3. Complete all requirements of at least one major.
4. Earn a minimum grade point average of 2.00 on all course work taken at the University.
5. Comply with all university standards, regulations, and procedures, from the date of matriculation through the date of final graduation.

SOURCE: HTTP://SVU.EDU/ACADEMICS/CATALOG/GRADUATION-REQUIREMENTS

Learning Objectives
The Learning Objectives for the psychology major at Southern Virginia are aligned with the American Psychological Association’s (APA) “Guidelines for the Undergraduate Psychology Major.” Graduates of the psychology program are expected to demonstrate the following:

1. Fundamental knowledge of psychological concepts and principles.
2. Understanding of scientific reasoning and problem solving, including research methods.
3. Familiarity of ethical standards and socially responsible behaviors.
4. Effective written, oral, and interpersonal communication skills.
5. Preparation for future employment and/or further education.

Program Coordinator: Prof. Alan Whitehead

PSYCHOLOGY
MAJOR REQUIREMENTS
(36 credit hours)

Major Requirements (36 Credit Hours)
Major Core: 15 credit hours to be taken during the freshman and sophomore years:
- PSY 201 General Psychology (3)
- PSY 230 Developmental Psychology (3)
- PSY 290 Research Methods (3)
- PSY 345 Abnormal Psychology (3)
- PSY 498 Senior Thesis (3)

Major Electives: an additional 21 credit hours or more from the following:
- MAT 221 Statistics (3)
- PSY 215 History and Systems of Psychology (3)
- PSY 220 Cultural Psychology (3)
- PSY 223 Performance & Sports Psychology (3)
- PSY 275R Topics in Psychology var.
- PSY 320 Social Psychology (3)
- PSY 323 Industrial/Organizational Psychology (3)
- PSY 325 Psychology of Leadership (3)
- PSY 327 Psychology of Humor (3)
- PSY 330 Cognitive Psychology (3)
- PSY 333 Psychology of Learning (3)
- PSY 335 Positive Psychology (3)
- PSY 348 Addictions & Addictive Behavior (3)
- PSY 350 Biological Psychology (3)
- PSY 355 Theories of Personality (3)
- PSY 360 Ethics in Psychology (3)
- PSY 375R Topics in Psychology (var.)
- PSY 399R Internship/Practicum (var.)
- PSY 430 Experimental Psychology (3)
- PSY 440 Counselling Psychology (3)
- PSY 475R Senior Topics in Psychology (var.)
- PSY 499 Internship/Practicum (var.)