

	Requirement	Options	Comments	Term
Complete in Freshman and Sophomore Years	Leader-Servant	SER 103	Complete in first year at Southern Virginia. Not required of students who enrolled at Southern Virginia before fall 2007.	
	Freshman Writing	ENG 120	Complete in freshman year. Take ENG 110 first if you scored below 21 on ACT verbal or below 501 on SAT verbal.	
	Philosophy	LIB 110	Take LIB 110.	
	American Republic	LIB 120	Take LIB 120.	
	Literature	LIB 130	Take LIB 130.	
	Information Literacy	LIB 203 Information Literacy	Recommended for completion by the end of the sophomore year.	
	Civilization I	ART 210, HIS 210, HUM 210, MUS 210 POL 210	Take one.	
	Civilization II	ART 215, HIS 215, HUM 215, POL 215, THE 215	Take one.	
	Mathematics	MAT 114, 115, 206, 221, 241, 242, CSC 213, or PHI 223	Take one. PHI 223 satisfies this requirement only for students who scored 28 on ACT math or 615 on SAT math.	
	Life Science	BIO 114, 126, 128, 201, 211, 212, or 228	Take one. BIO 201 is primarily for biology majors and minors and pre-med/pre-health students. BIO 126 & 128 are non-lab.	
	Physical Science	CHE 114 or 201, or PHY 114, 117, 126, or 201	Take one. CHE 201 is primarily for biology majors, chemistry minors, and pre-med/pre-health students. PHY 126 is non-lab.	
	Science Lab	One of the above life or physical science courses must have a lab component.	BIO 114, CHE 114, and PHY 114 are lab science courses designed for non-science majors.	
	1 st Year For. Lang.1	FRE 101, GER 101, GRK 101, LAT 101, SPN 101, or competency exam	Take 101 before 102 if starting from scratch. If not, contact the Registrar's Office to take a placement test.	
	1 st Year For. Lang.2	FRE 102, GER 102, GRK 102, LAT 102, SPN 102, or competency exam		
	Health & Wellness	PER 143	Take PER 143.	
Physical Activity 1	A course from PER 100–199, 231, 232, or (for varsity or JV athletes) 259R	Take three physical activity courses before graduating. One of these three courses must be completed by the end of the sophomore year. Physical activity courses marked "R" may be taken twice for Core credit.		
Sophomore Writing Proficiency				
Complete in Any Year	Social Sciences	ECN 210 or 215, EDU 200, EDU 250, FCD 210 or 250, POL 223 or 233, or PSY 201	Take one.	
	Fine Arts	ART 113, 120, 130, 214, 223, 227, 230, or 240; MUS 108, 129R, 139, 151, or 167; or THE 106 or 110	Take one.	
	2 nd Year Foreign Language	FRE 201, GER 201, GRK 201, LAT 201, SPN 201, or competency exam	Unless you have some knowledge of the language, you will need to take 101 and/or 102 first.	
	Physical Activity 2	A course from PER 100–199, 231, 232, or (for varsity or JV athletes) 259R	Three physical activity courses are required before graduating.	
	Physical Activity 3	A course from PER 100–199, 231, 232, or (for varsity or JV athletes) 259R		
Senior Year	Advanced Writing	Complete a senior paper in your major or, if your major has no senior paper, write a 3,000-word paper for an upper-division course. The paper must satisfy the style standard of the course's discipline and be revised to account for the instructor's comments. File the faculty-approved paper with the Registrar's Office.		
	Senior Seminar	Take LIB 490 in your last year.		