SOUTHERN VIRGINIA UNIVERSITY
Athletic Training Minor

Thank you for your interest in the Athletic Training Minor at Southern Virginia University!

By combining classroom learning with clinical experiences, the athletic training minor will prepare students for admission into an accredited entry-level master’s program in athletic training or entry-level employment in the health care field. In conjunction with a liberal arts or biology major, the athletic training minor will help students to develop the critical thinking skills necessary to evaluate and treat athletic injuries.

Upon acceptance to the athletic training minor, students will be required to complete a clinical assignment per semester with one of the university’s sports teams as well as a specific number of courses. As students, you will be challenged not only in the classroom, but also in clinical settings. These challenges are necessary for your education. Adjustments to work and personal schedules will be required so please plan accordingly. Take advantage of every opportunity to which you are exposed and you will succeed.

Please fill out this application completely and send electronically to:
  Program Advisor
  Amanda Hawkes
  amanda.hawkes@svu.edu
  540-261-8497

Prerequisites

Prior to applying for the athletic training minor, students will be required to complete the following prerequisites with a minimum 3.0 GPA or receive special appointment by program committee:
  1) Intro to Athletic Training PER 275R- 3 credits (spring)
  2) Biology BIO 114 or BIO 201- 4 credits with lab (fall/winter) (Also included as part of core)
  3) Anatomy BIO 228- 4 credits with lab (fall)

Requirements after admittance

  4) Clinical assignment- 3 credits total (.5 credits per semester)
  5) Advanced Athletic Training- 3 credits
  6) Health and Wellness PER 143- 2 credits (core class)
  7) Modalities and Rehab- 2 credits
  8) Kinesiology PER 363- 3 credits
  9) Exercise Physiology- 3 credits

Total: 21 credits (not including BIO and PER 143 core credits)
NAME: _______________________________  ID #: __________________

Permanent Address: ________________________________

Local Address: ______________________________________

E-mail: _______________________________  Cell Phone: _______________________________

Home Phone: _______________________________

Please complete the following table:

<table>
<thead>
<tr>
<th>Athletic Training Course</th>
<th>Semester Taken</th>
<th>Grade</th>
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<tbody>
<tr>
<td>PER 275R- Introduction to Athletic Training</td>
<td></td>
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<tr>
<td>BIO 114 or 201- Biology</td>
<td></td>
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<tr>
<td>BIO 228- Anatomy</td>
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</tbody>
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Please indicate your current Grade Point Average: ________________

NOTE: YOU MUST HAVE A GRADE POINT AVERAGE OF 3.0 OR BETTER IN THE ABOVE PREREQUISITES TO BE ADMITTED INTO THE ATHLETIC TRAINING MINOR OR RECEIVE A SPECIAL APPOINTMENT BY PROGRAM COMMITTEE

ESSAY:
Please use an additional sheet of paper to complete the following essay:

- Please tell us why you want to be admitted into the Athletic Training Minor. Describe your personal characteristics that would make you succeed in this minor and discuss your career goals.

PLEASE LIMIT YOUR RESPONSE TO ONE TYPEWRITTEN PAGE.

(Application continues on other side.)
CPR:
Are you CPR certified? Yes _____ No _____ If so, please attach electronically a copy (front and back) of your current CPR card.

Please list your current involvement in sports, clubs, jobs, etc at SVU (this will aid us in choosing clinical assignments):

PLEASE RETURN APPLICATION TO:
AMANDA HAWKES
amanda.hawkes@svu.edu

NOTE: AFTER APPLICATION HAS BEEN RECEIVED YOU WILL BE CONTACTED BY PROGRAM CHAIR AND AN INTERVIEW WILL BE ARRANGED TO DISCUSS YOUR APPLICATION.
Recommended Program Schedule

Upon acceptance to the proposed athletic training minor, students will be required to complete a clinical assignment per semester with one of the university’s sports teams as well as a specific number of courses. The following is a SUGGESTED sequence of coursework that will best aid in your acceptance to an entry level masters athletic training program (note that courses in bold are required as part of the minor):

**1st Semester—fall of sophomore year**
- Clinical assignment- .5 credit
- Advanced Athletic Training- 3 credits
- Sports First Aid/CPR PER 203- 2 credits

**2nd Semester—spring of sophomore year**
- Clinical assignment- .5 credit
- Health and Wellness PER 143- 2 credits (core class)
- Modalities and Rehab- 2 credits

**3rd Semester—fall of junior year**
- Clinical assignment- .5 credit
- Nutrition- 3 credits (optional course, recommend taking independent study as course is not offered at SVU)

**4th Semester—spring of junior year**
- Clinical assignment- .5 credit
- Kinesiology PER 363- 3 credits
- Physiology BIO 328- 4 credits (also counts toward biology major)

**5th Semester—fall of senior year**
- Clinical assignment- .5 credit
- Psychology- 3 credits (optional course, recommend taking independent study as course is not currently offered as SVU)

**6th Semester—spring of senior year**
- Clinical assignment- .5 credit
- Exercise Physiology- 3 credits
- Theory of Coaching PER 275R- 3 credits (not required)